



Product catalog

STRENGTH MACHINES AND BASIC EQUIPMENT





"Our mission is to make, not only Sweden, but the world healthier, stronger and more sustainable."

- Kari Jernvall
Founder and Product Designer

Welcome!

Welcome to the Gymleco Family!

We are a Swedish, family owned company with a passion for health, strength, innovation and sustainability. Gymleco is today one of the biggest designers and producers of strength training equipment in Europe. With customers all over the world, we have grown to be one of the leading gym machine brands with our innovative design and biomechanical uniqueness.

We offer a complete line of strength training and exercise equipment, and are one of few in the Nordics producing our products by ourselves. We want our customers to see us as a total solution and a profitable investment.

Since 1994 Gymleco has focused on designing Swedish, unique and functional equipment with a long lifespan and without maintenance needs. At Gymleco we are truly passionate about fitness and hope that you want to join us in achieving our dream of a healthier world and a sustainable future.

Why choose Gymleco?

- | | |
|----------------------------------|---|
| • Brand founded in 1994 | = <i>Perfect functionality thanks to years of experience.</i> |
| • Biomechanical Uniqueness | = <i>We create what the users want and get results from.</i> |
| • Innovative and Original Design | = <i>Own design, no copies!</i> |
| • NO maintenance | = <i>Avoid headaches from machines that break.</i> |
| • Quality materials | = <i>Machines made for commercial use.</i> |
| • Small footprint | = <i>Optimize your surface and fit more machines.</i> |
| • Suitable for all users | = <i>Easy to use and understand for everybody.</i> |
| • Ergonomically correct | = <i>You will not get injured while training.</i> |
| • Affordable quality | = <i>Fair prices from the start!</i> |

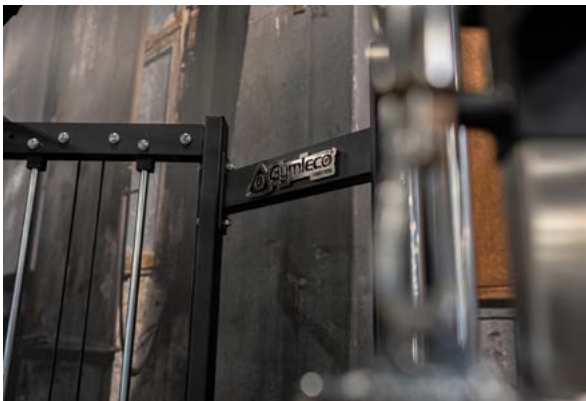
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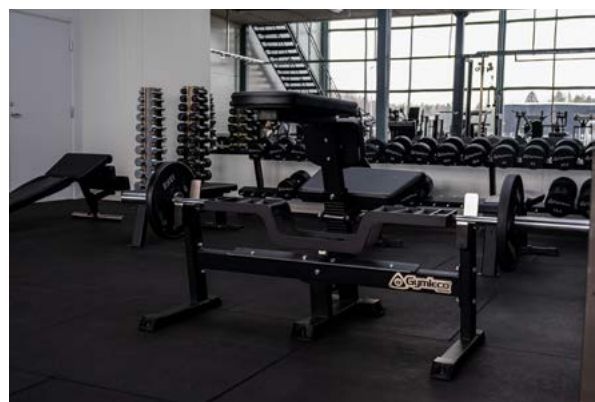
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Gymleco

1994

Aims for a sustainable future

It all started 1994 in a small kitchen, south of Sweden with the idea of providing the market with affordable, functional and sustainable fitness equipment. The ambition was to develop maintenance free strength training equipment with high functionality and quality. The equipment would be born by the muscle throughout the movement, without a negative impact on the joints.

The goal has always been to offer sustainable equipment that our customers can have at their gyms for decades, and now we are here. We have customers who have equipment left from the 90's - *still going strong*.

Since the start, we have focused on designing unique and innovative equipment with long lifespan and small footprint. We truly believe in *our own design* and construction. Products for a sustainable future.



Gymleco

now

Still going strong

Today our head office is located in Sweden, in a city called Eskilstuna near Stockholm. Under the same roof you can find our own production, warehouse and showroom. This gives us the opportunity to have best quality control all the way from your order to shipment. We always work customer-focused with excellent communication.

With our own manufacturing we can shorten the delivery times, and it also provides an opportunity for you as a customer to order custom-made and customized solutions that are not in the ordinary product range.

Gymleco is a family owned company and we strive every day closer to our vision of a healthier and sustainable future. We stand 100% behind the product development and create our Swedish equipment with proper function and movement combined with ease of use.

Everyone should be able to workout correctly. With Gymleco's machines that is possible. That is why our products and the movements are designed to help you get more out of your workout, whether you are a beginner or an athlete. The machines are easy to understand and use for anyone. But most importantly, all movements are biomechanically correct.





Gymleco Head Office Sweden



Smart features

Easy to read instruction sign

Every machine in our 300-series have an easy to read instruction sign in durable aluminium. No plastic or stickers, only high quality materials. Available in English, Swedish or Finnish.

Ergonomic and comfortable cushions

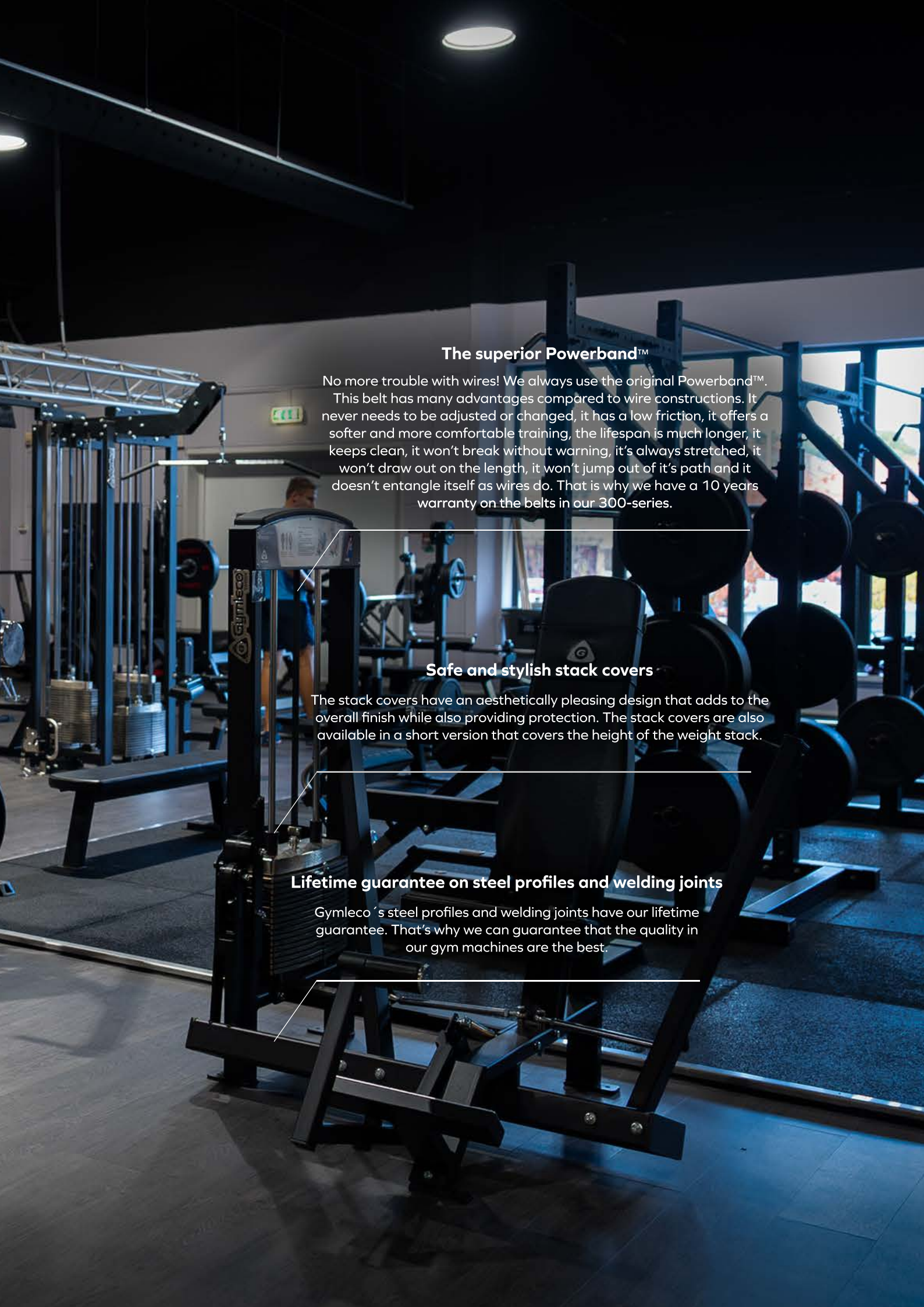
The cushions are of the highest quality and come in two kind of colors: black and red. Furthermore, the cushion are designed and constructed to provide full stability. The cushion cover can be delivered with your logo choice.

Solid machine rods

The machine rods are solid and treated to allow minimal friction with minimal maintenance. No lubrication is needed.

Beatiful and smart weight stacks

Probably the best looking weight stacks on the market and the most functional with low weight intervals. The chromed treatment and the lasered numbers will look great, even after twenty years. Special shock absorbing discs are placed between each weight plate for a more quiet and soft exercise.



The superior Powerband™

No more trouble with wires! We always use the original Powerband™. This belt has many advantages compared to wire constructions. It never needs to be adjusted or changed, it has a low friction, it offers a softer and more comfortable training, the lifespan is much longer, it keeps clean, it won't break without warning, it's always stretched, it won't draw out on the length, it won't jump out of it's path and it doesn't entangle itself as wires do. That is why we have a 10 years warranty on the belts in our 300-series.

Safe and stylish stack covers

The stack covers have an aesthetically pleasing design that adds to the overall finish while also providing protection. The stack covers are also available in a short version that covers the height of the weight stack.

Lifetime guarantee on steel profiles and welding joints

Gymleco's steel profiles and welding joints have our lifetime guarantee. That's why we can guarantee that the quality in our gym machines are the best.

Maintenance free flange bearings

We use flange bearings on our equipment which provide maintenance free operation and come with a lifetime guarantee. These bearings provide the least friction and highest quality.

Swedish quality since 1994

We design and manufacture all of our machines ourselves and only allow the highest quality for professional use.

Stainless steel weight holders

The weight tubes and weight holders on our plate loaded machines are in beautiful stainless steel for ultimate durability. The weight holders have a square design which makes it easier to hang and retrieve the weight plates. This is our own design and unique for Gymleco machines.

Rubber covered handles

Rubber covered handles with a good looking knob in the end. Antiseptic rubber with very high firmness.

Option to bolt your machines

With all of our plate loaded machines you have the option to fix the machines to the floor with bolts. A great option if you want your machines to firmly be fixed to one place.



Focus on the biomechanics

With our cam shaft the weight load changes after the body's own strength curve. Each camarm's length is adapted to each machine and dependent on the biomechanics of the machine the weight changes throughout the movement.

Choose color on the frame

Color choice can be customized on any piece for a custom appearance. Our standard frame color is black but you can choose between a variety of color options that allow you to provide the gym experience you desire. At Gymleco we use environmentally friendly products.

Small footprint

All of our machines have a small footprint and most come fully assembled. Easy to install and easy to place at the gym

Assistance

You can certainly fix everything by yourself, but you don't need to. At Gymleco, we help you with everything from planning to installation of your gym. When you are thinking about choosing your gym equipment, you will receive advice and help from our specialists. Together, we review your needs and wishes to find a solution that fits.

Ideas and planning

Our staff can help you with planning, designing and floor plans for both small and large gyms. We help you find smart and sustainable solutions that strengthen your business.

Delivery

We offer fast delivery to your gym, company or home. We deliver worldwide. If there is a distributor / sales office in your country, they will help you through this process.

Assembly and installation

We send in the most cases all machines already assembled.
*We can offer installment in your gym with either our staff or with third part partners.

*If you are located in a country where we have an official distributor this is decided between you and them.

Warranty

Warranty - ISO-9001

Gymleco's unique warranty ensures that your training equipment always works. We can confidently guarantee that our equipment is designed and manufactured with the goal of high performance combined with maintenance free operation. In order to maintain a top tier performance, Gymleco follows the ISO-9001 insurance system.

We offer a unique warranty that clearly defines coverage for various equipment parts. All of our spare parts are kept ready and available for quick delivery. A lifetime warranty is provided on all steel frames and weldings, large bearings, weight stack, engraving, shock absorbing discs in weight stack, weight stack bars, bar hangers and cam shaft. The lifetime warranty includes fabrication and material errors.

A 10 year warranty is provided on Powerband (only 300-Series), the band stretching system, bearings and band wheels, the seat adjustment system and all setting possibilities. Warranty is also provided on fabrication and material errors.

One year warranty on pads and one year warranty on the Powerband (200-Series).

ISO-9001 Quality Insurance System

At Gymleco we work in accordance with the ISO Quality Insurance System in order to maintain control and improve all production simultaneously as changes are implemented. This coordination allows the manufacturing process to be more efficient and delivers a better product to customers.

The goals of ISO-9001 are as follows: superior quality, accurate delivery, best price, quick production and service. All Gymleco products are produced in-house which allows us to maintain the production and quality.

We take pride in all of our products as we strive to provide the finest gym equipment on the market.



010 -series:

Plate Loaded machines

Plate Loaded machines are gym machines where you load the resistance with weight plates. Gymleco's Plate Loaded machines are totally maintenance free and with a small footprint. This means that you will optimize your surface and have space for more machines on the floor.

The machines have a well-thought out design with the correct movement path. With minimal settings, it makes them easy to use, both for beginners and athletes. Thanks to this and the high quality materials, you will have gym machines that withstand heavy training year after year without parts breaking.

The levers are individually linked which results in better coordination between the right and left side, which quickly increases muscle balance. According to extensive studies, this is the safest and most efficient training.

The machines comes as standard in black frame color with black or red cushions. Do you wish for another color for your machines? Contact your nearest sales office or local distributor to customize your machines.



Adjustable chest

Designed with a natural biomechanical movement in focus, which leads to more efficient use of weights – about 85% of the loaded weight are in the handles.

D.Y. Row Plate Loaded



Iso Lateral Seated Row
Art.nr: 010

Length: 150 cm
Width: 71 cm
Height: 120 cm

Weight: 68,5 kg



Iso Lateral Pulldown
Art.nr: 011

Length: 156 cm
Width: 104 cm
Height: 199 cm

Weight: 136 kg



Iso Lateral Low Row
Art.nr: 012

Length: 120 cm
Width: 112 cm
Height: 174 cm

Weight: 112 kg



Iso Lateral High Row
Art.nr: 013

Length: 160 cm
Width: 110 cm
Height: 198 cm

Weight: 152 kg



D.Y. Row
Art.nr: 017

Length: 135 cm
Width: 147 cm
Height: 174 cm

Weight: 144 kg



Lateral Incline Bench Press
Art.nr: 020

Length: 110 cm
Width: 113 cm
Height: 177 cm

Weight: 115 kg



Seated Chest Press
Art.nr: 021

Length: 176 cm
Width: 114 cm
Height: 140 cm

Weight: 101 kg



Iso Lateral Bench Press,
Horizontal
Art.nr: 022

Length: 163 cm
Width: 133 cm
Height: 114 cm

Weight: 92,5 kg



Incline Pec Fly
Art.nr: 023

Length: 160 cm
Width: 165 cm
Height: 90 cm

Weight: 100 kg



Decline Chest Press
Art.nr: 027

Length: 120-133 cm
Width: 144 cm
Height: 158 cm

Weight: 120 kg



Standing Chest Press
Art.nr: 028

Length: 152 cm
Width: 100 cm
Height: 163 cm

Weight: 135 kg



Shoulder Press
Art.nr: 030

Length: 130 cm
Width: 114 cm
Height: 149 cm

Weight: 111 kg

A man with a beard and short hair, wearing a dark blue tank top and black pants, is seated on a black Gymleco decline chest press machine. He is holding the handles of the machine, which has two large black weight plates (15KG each) attached to the top. The machine has a black frame and a black seat. The background shows a gym setting with other equipment and a high ceiling.

Unique design with effective resistance meaning that you will push close to the actual weight loaded

Adjustable backrest

Compact design and correct load curve

Decline Chest Press Plate Loaded



Shoulder Rotation
Art.nr: 031

Length: 105 cm
Width: 114 cm
Height: 135 cm

Weight: 95,5 kg



Upright Row
Art.nr: 032

Length: 120 cm
Width: 140 cm
Height: 94 cm

Weight: 79,2 kg



Viking Press
Art.nr: 038

Length: 121 cm
Width: 98 cm
Height: 154 cm

Weight: 125 kg
Start weight handles: 21 kg



Leg Extension
Art.nr: 040

Length: 92 cm
Width: 120 cm
Height: 130 cm

Weight: 79 kg



Seated Leg Curl
Art.nr: 041

Length: 125 cm
Width: 100 cm
Height: 110 cm

Weight: 95,5 kg



Standing Leg Curl
Art.nr: 042

Length: 96 cm
Width: 117 cm
Height: 123 cm

Weight: 83,5 kg



Leg Press
Art.nr: 043

Length: 226 cm
Width: 120 cm
Height: 138 cm

Weight: 130 kg



V-Squat
Art.nr: 044

Length: 171 cm
Width: 87 cm
Height: 191 cm

Weight: 115 kg



Pendulum Squat
Art.nr: 045

Length: 195 cm
Width: 108 cm
Height: 161 cm

Weight: 150 kg



Donkey Raise
Art.nr: 046

Length: 120 cm
Width: 60 cm
Height: 150 cm

Weight: 65 kg



Tibia Dorsi Flexion
Art.nr: 047

Length: 102 cm
Width: 60 cm
Height: 51 cm

Weight: 35,5 kg



Biceps curl machine
Art.nr: 050

Length: 104 cm
Width: 120 cm
Height: 103 cm

Weight: 91 kg



Iso Lateral Triceps
Art.nr: 051

Length: 124 cm
Width: 102 cm
Height: 136 cm

Weight: 96 kg



Dip Press
Art.nr: 055

Length: 190 cm
Width: 70 cm
Height: 90 cm

Weight: 84 kg



Gluteus, One Leg kick
Art.nr: 060

Length: 126 cm
Width: 119 cm
Height: 133 cm

Weight: 112,5 kg



Reverse Hyper
Art.nr: 061

Length: 116 cm
Width: 140 cm
Height: 144 cm

Weight: 87,5 kg



Standing Abductor
Art.nr: 062

Length: 136,5 cm
Width: 54 cm
Height: 141,5cm

Weight: 90 kg



Reverse Hyper Pendulum
Art.nr: 063

Length: 137 cm
Width: 133,5 cm
Height: 111 cm

Weight: 90 kg



Hip Thrust machine
Art.nr: 066

Length: 160 cm
Width: 96 cm
Height: 124 cm

Weight: 109 kg



Belt Squat machine
Art.nr: 082

Length: 170 cm
Width: 116 cm
Height: 112 cm

Weight: 90 kg



Deadlift / Squat
Art.nr: 083

Length: 140 cm
Width: 129,5 cm
Height: 82 cm

Weight: 96 kg
Start weight: 23 kg



Seated Abdominal
Art.nr: 070

Length: 83 cm
Width: 114 cm
Height: 168 cm

Weight: 72 kg



Ab Roll up
Art.nr: 072

Length: 100 cm
Width: 96 cm
Height: 140 cm

Weight: 72,5 kg



*Correct movement path
with smooth feeling.
Foot plates tilted upwards
for more effective glutes
training.*

*Compact, open design. Safe
and easy to get in and out of.*

Standing Abductor Plate Loaded



Our popular 243 Leg Press 45° at FIBO Germany 2023



Leg Press 45°

Art.nr: 243

This leg machine has a tasteful design, stable construction and is space efficient. The large footplate and the ergonomically designed seat provides great freedom in the exercise. An additional central handle facilitates the access to the machine.

The trolley weighs 56kg (at a 45 degree inclination in the machine, 39.5 kg of that weight comes to the feet).

Length: 218 cm

Width: 78 cm

Height: 142 cm

Weight: 161,5 kg



Hack Lift

Art.nr: 244

This hacklift machine provides you a tasteful design and an open construction without compromising on function or stability. You both save space at the gym and have a great, safe machine for the users.

The trolley weighs 47,4kg (at a 45 degree inclination in the machine, 33.5 kg of that weight comes to the feet)

Length: 195 cm

Width: 80 cm

Height: 145 cm

Weight: 137,5 kg



Leg Press/Hack Lift

Art.nr: 245

This Leg Press / Hacklift is probably the only combination machine in the world where you can switch exercise with only one setting and no loose parts. This combined leg machine has a small footprint and smart design. For example the weight plates are loaded in the centre of the machine instead of the outside.

Length: 230 cm

Width: 81 cm

Height: 145 cm

Weight: 180 kg

100-series:

Basic gym equipment

Are you looking for gym equipment that actually lasts? Then you've come to the right place! Gymleco's basic equipment are made of high commercial quality and are therefore suitable for all professional gyms looking for better, durable products.

This 100-series consists of user-friendly gym equipment that suits a wide range of gyms. In this section you'll find gym benches, bench presses, racks and a few more plate loaded gym machines. Our gym equipment are made for heavy use and have been tested and proven for over 30 years. If you are looking for more gym equipment (such as dumbbells, barbells, weights etc.), please take a look in our catalog for gym accessories.

All gym equipment comes as standard with black frame color and black or red cushions. Do you want other color for your machines and equipment? Contact your nearest sales office or local distributor to customize your gym equipment.



118 Seal Row Bench, Open Model



Sissy Squat
Art.nr: 144

Length: 77 cm
Width: 64 cm
Height: 57 cm

Weight: 27,5 kg



Seal Row Bench
Art.nr: 117

Length: 147 cm
Width: 122,5 cm
Height: 91 cm

Weight: 55 kg

The barbell is not included.



Seal Row Bench
Open Model
Art.nr: 118

Length: 112 cm
Width: 125 cm
Height: 90 cm

Weight: 50 kg



T-bar Row
Art.nr: 115

Length: 206 cm
Width: 86 cm
Height: 47 cm

Weight: 59,5 kg



Incline T-bar row
Art.nr: 116

Length: 219 cm
Width: 92 cm
Height: 109 cm

Weight: 69 kg



Seated Calf Press
Art.nr: 145

Length: 140 cm
Width: 60 cm
Height: 85 cm

Weight: 54,5 kg



Back Raise, Adjustable
45-90 degrees
Art.nr: 162

Length: 102 cm
Width: 60 cm
Height: 117 cm
Weight: 41,5 kg



Back Raise 45 degrees
Art.nr: 162F45

Length: 102 cm
Width: 60 cm
Height: 117 cm
Weight: 38 kg



Back Raise 90 degrees
Art.nr: 162F90

Length: 102 cm
Width: 60 cm
Height: 104 cm
Weight: 36,5 kg



Calf Raise Block
Art.nr: 146

Length: 51 cm
Width: 30 cm
Height: 12 cm
Weight: 6,5 kg



Knee standing Back Raise
Art.nr: 163

Length: 105 cm
Width: 59 cm
Height: 79 cm
Weight: 38 kg



Glute Ham Raise
Art.nr: 141

Length: 110 cm
Width: 60 cm
Height: 90 cm
Weight: 51 kg



Bench Press and Squat Rack
Art.nr: 142

Length: 60
Width: 45-125 cm
Height: 79,5 - 162,5 cm

Weight: 31 kg



Squat Rack
Art.nr: 148

Length: 162 cm
Width: 100 cm
Height: 186 cm

Weight: 65 kg



Power Rack
Art.nr: 149

Length: 90 cm
Width: 122 cm
Height: 205 cm

Weight: 76,5 kg



Lifting Rack for Decline Bench
Art.nr: 154

Length: 125 cm
Width: 170 cm
Height: 110 cm

Weight: 52,5 kg



Dip Press stand
Art.nr: 155

Length: 80 cm
Width: 80 cm
Height: 140 cm

Weight: 37 kg



Curl Bar Rack
Art.nr: 150

Length: 70 cm
Width: 95 cm
Height: 86,5 cm

Weight: 22 kg



Seated Scott Curl Bench
Art.nr: 151

Length: 101 cm
Width: 70 cm
Height: 95 cm

Weight: 35,5 kg



Standing Scott Curl Bench
Art.nr: 152

Length: 63 cm
Width: 53 cm
Height: 92 cm

Weight: 26 kg



Hip Thrust bench
Art.nr: 166

Length: 150 cm
Width: 73 cm
Height: 50 cm

Weight: 43,5 kg



Glute Bridge **NEW!**
Art.nr: 167

Length: 135 cm
Width: 105 cm
Height: 47 cm

Weight: 50 kg



Roman Chair
Art.nr: 170

Length: 102 cm
Width: 58 cm
Height: 57 cm

Weight: 21 kg



Leglift with Dip Bar
Art.nr: 173

Length: 70 cm
Width: 91 cm
Height: 143 cm

Weight: 68 kg



Leglift with Chins and Dips
Art.nr: 179

Length: 70 cm
Width: 91 cm
Height: 227 cm

Weight: 78 kg



179 Leglift with Chins and Dips



Bench Press Stand with Adjustable Bar Holder
Art.nr: 122R

Length: 125 cm
Width: 124 cm
Height: 104 cm

Weight: 46 kg



Bench Press with Safety Bar Support
Art.nr: 122RS

Length: 125 cm
Width: 124 cm
Height: 104 cm

Weight: 46 kg



Bench Press with Fixed Bar Holder
Art.nr: 122F

Length: 123 cm
Width: 123 cm
Height: 124 cm

Weight: 53 kg



Incline Bench Press
Art.nr: 120

Length: 125 cm
Width: 150 cm
Height: 124 cm

Weight: 61 kg



Abdominal Bench Plus
Art.nr: 171

Length: 102 cm
Width: 58 cm
Height: 105 cm

Weight: 22 kg



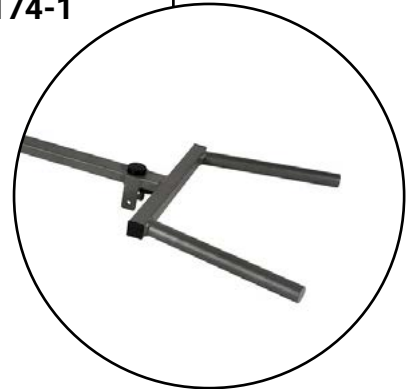
Brutal Bench
Art.nr: 174

Length: 75 cm
Width: 50 cm
Height: 160 cm

Weight: 24 kg

Add Dip rack for Brutal Bench

Art.nr: 174-1



Chin Rack for Cable Cross
Art.nr: 110K

Length: 140 cm
Width: 18 cm

Weight: 6,5 kg



Wallmounted Pull-up Rack
Art.nr: 110V

Length: 145 cm
Width: 61,5 cm
Height: 42 cm

Weight: 9,5 kg



Standing Chins Rack
Art.nr: 111

Length: 123 cm
Width: 145 cm
Height: 237,5 cm

Weight: 73,5 kg



Fixed Bench 70°
Art.nr: 153

Length: 76 cm
Width: 40 cm
Height: 90 cm

Weight: 19 kg



Adjustable Gym Bench
Art.nr: 190

Length: 125 cm
Width: 45 cm
Height: 43,5 cm

Weight: 25,5 kg



*Split backrest
maximizes exercises
such as dumbbell flyes*



Fixed Flat Bench
Art.nr: 191

Length: 123 cm
Width: 45 cm
Height: 38 cm

Weight: 24,5 kg



Adjustable Flat Bench
Art.nr: 192

Length: 122 cm
Width: 35,5 cm
Height: 39,5-55 cm

Weight: 16 kg



Fixed Dumbbell
Exercise Bench
Art.nr: 191V

Length: 110,7 cm
Width: 52,4 cm
Height: 43 cm

Weight: 35 kg



Adjustable Decline
Bench
Art.nr: 193

Length: 133 cm
Width: 45 cm
Height: 42 - 115 cm

Weight: 31,5 kg



Adjustable Decline
Bench Curved
Art.nr: 193S

Length: 133 cm
Width: 45 cm
Height: 42 - 115 cm

Weight: 33 kg



Adjustable Dumbbell
Exercise Bench
Art.nr: 193V

Length: 130 cm
Width: 53 cm
Height: 27-115 cm

Weight: 35 kg



Fixed Decline Bench
Art.nr: 194

Length: 148 cm
Width: 60 cm
Height: 60 cm

Weight: 27,5 kg



Adjustable Decline Bench
Art.nr: 194R

Length: 148 cm
Width: 60 cm
Height: 60 cm

Weight: 27,5 kg

200 -series:

Cable machines and multi gyms

The 200-series consists of Gymlecos cable machines and multi gyms. These are engineered to provide optimal function and to save space with their small footprint. Our cable machines are designed for a smoother user experience which provides less resistance and better feeling. All machines are designed to be modern and reliable with innovative details.

What's unique with Gymlecos design? One of them are that we use Powerband™ instead of wires. Powerband never needs to be adjusted. This because it does not stretch in the same way as wires. Additionally, the Powerband™ gives you a smoother and nice movement compared to other cable machines.

If desired, all the machines can be ordered with bigger weight stacks customized for user needs. All our machines comes as standard in black frame color and black or red cushions. Do you want to customize the color for your machines? Contact your nearest sales office or local distributor.







Seated Row
Art.nr: 210

Length: 235 cm
Width: 67 cm
Height: 215 cm

Weight: 173,5 kg
Weight Stack: 100 kg



Lateral Pulldown
Art.nr: 211

Length: 124 cm
Width: 52 cm
Height: 226 cm

Weight: 168,5 kg
Weight Stack: 100 kg



Lateral Pulldown Rehab
Art.nr: 211R

Length: 124 cm
Width: 52 cm
Height: 226 cm

Weight: 168,5 kg
Weight Stack: 100 kg

Pulldown position



Row position



Lateral Pulldown/Seated Row
Art.nr: 214

Length: 112 cm
Width: 141 - 212 cm
Height: 223 cm

Weight: 168,5kg
Weight Stack: 100 kg



Four Station Multi Gym
Art.nr: 215

Length: 323 cm
Width: 53 cm
Height: 235,5 cm

Weight N.W: 605 kg

*Cable Cross: 80 kg
Row: 120 kg
Pulldown: 120 kg
Triceps: 60 kg*



*And with one of the market's nicest
nickel-plated weight magazines, the machine
becomes an eye-catching detail in the gym and
enhances the overall look of the gym.*



Multi gym /4 Station With Cable Cross
Art.nr: 215K

Length: 410 cm
Width: 323 cm
Height: 235,5 cm

Weight N.W: 762 kg

Cable Cross: 80 kg x 2
Row: 120 kg
Pulldown: 120 kg
Triceps: 60 kg



Multigym /8 Station With Cable Cross
Art.nr: 215DK

Length: 490 cm
Width: 323 cm
Height: 235,5 cm

Weight N.W: 1347 kg

Cable Cross: 80 kg x 2
Row: 120 kg x 2
Pulldown: 120 kg x 2
Triceps: 60 kg x 2



Cable Crossover Multigym
Art.nr: 225

Length: 308 cm
Width: 58 cm
Height: 225 cm

Weight: 298 kg
Weight Stack: 80 kg x 2



Half of a Cable Cross
Art.nr: 225B

Length: 48 cm
Width: 58 cm
Height: 225 cm

Weight: 142 kg
Weight Stack: 80 kg



Dual Adjustable Pulley
Art.nr: 226

Length: 151 cm
Width: 77 cm
Height: 228 cm

Weight: 279 kg
Weight Stack: 80 kg x 2



Triceps Pushdown
Art.nr: 251

Length: 110 cm
Width: 70 cm
Height: 223 cm

Weight: 126,5 kg
Weight Stack: 60 kg



Biceps Curl /Triceps Extension
Art.nr: 255

Length: 192 cm
Width: 60 cm
Height: 180 cm

Weight: 145 kg
Weight Stack: 60 kg



Smith Machine
Art.nr: 280

Length: 195 cm
Width: 90 cm
Height: 207 cm

Weight: 113 kg

Bar weight only 16,5kg



Smith Machine
with counterweight
Art.nr: 281

Length: 207 cm
Width: 90 cm
Height: 208 cm

Weight: 115 kg



Multi Smith Machine
Art.nr: 285

Length: 207 cm
Width: 149 cm
Height: 220 cm

Weight: 145 kg

300 -series:

Selectorized machines

The 300-series consists of selectorized gym machines that have a built-in weight stack. These machines are designed specifically for those who want the **absolute best of the best**. Each piece is engineered for reliable performance.

At Gymleco our top priority is always function. You have the unique details such as the PowerBand™ that never needs to be adjusted. The weight stacks are unique in its design and will become an eye-catching detail in the gym.

All machines are designed and constructed of the highest quality materials built to withstand years of heavy strength training. You have the timeless design together with the small footprint. The simple, ergonomic yet biomechanically correct movement makes them suitable for all users.

Some of our 300 series machines have an R after the art. number, which means that the start angle is adjustable for rehabilitation use.

If desired, all of our machines can be ordered with bigger weight stack customized for the users needs. All our gym machines comes as standard in black frame color and black or red cushions. Do you want any other color for your gym? Contact the nearest sales office or local distributor.





Seated Row
Art.nr: 310

Length: 151 cm
Width: 63 cm
Height: 165 cm

Weight: 227 kg
Weight Stack: 100 kg



Iso Lateral Pulldown
Art.nr: 311

Length: 126 cm
Width: 95 cm
Height: 186 cm

Weight: 211 kg
Weight Stack: 100 kg



Iso Lateral Low Row
Art.nr: 312

Length: 121 cm
Width: 81 cm
Height: 166 cm

Weight: 206 kg
Weight Stack: 100 kg



Chins /Dips
Art.nr: 314

Length: 126 cm
Width: 120 cm
Height: 200 cm

Weight: 236 kg
Weight Stack: 100 kg



Incline Chest Press
Art.nr: 320

Length: 156 cm
Width: 122 cm
Height: 173 cm

Weight: 218 kg
Weight Stack: 100 kg



Seated Chest Press
Art.nr: 321

Length: 139 cm
Width: 137 cm
Height: 149 cm

Weight: 224 kg
Weight Stack: 100 kg



311 Iso Lateral Pulldown



Seated Pec Deck
Art.nr: 323

Length: 146 cm
Width: 171 cm
Height: 150 cm

Weight: 198,5 kg
Weight Stack: 100 kg



Pullover
Art.nr: 324

Length: 143 cm
Width: 89 cm
Height: 172 cm

Weight: 190 kg
Weight Stack: 100 kg



Standing Pec Fly
Art.nr: 326

Length: 116 cm
Width: 148 cm (handles widest point)
Height: 178 cm

Weight: 200 kg
Weight Stack: 100 kg



Shoulder Press
Art.nr: 330

Length: 155 cm
Width: 125 cm
Height: 165 cm

Weight: 234 kg
Weight Stack: 100 kg



Shoulder Rotation
Art.nr: 331

Length: 87 cm
Width: 75 cm
Height: 135 cm

Weight: 168 kg
Weight Stack: 80 kg



Rear Deltoid Shoulder
Art.nr: 333

Length: 147 cm
Width: 70 - 174 cm
Height: 149 cm

Weight: 224 kg
Weight Stack: 60 kg



Standing Side Lateral
Art.nr: 334

Length: 116 cm
Width: 82 cm
Height: 160 cm

Weight: 190 kg
Weight Stack: 80 kg



Rear Deltoid/Pec Deck
Art.nr: 335

Length: 147 cm
Width: 70 - 174 cm
Height: 149 cm

Weight: 224 kg
Weight Stack: 100 kg



Shoulder Front Press
Art.nr: 336

Length: 120 cm
Width: 110 cm
Height: 165 cm

Weight: 240 kg
Weight Stack: 100 kg



Leg Extension
Art.nr: 340

Length: 95 cm
Width: 99 cm
Height: 162 cm

Weight: 202 kg
Weight Stack: 100 kg



Leg Extension Adjustable
Art.nr: 340R

Length: 95 cm
Width: 99 cm
Height: 162 cm

Weight: 213 kg
Weight Stack: 100 kg



Seated Leg Curl
Art.nr: 341

Length: 135 cm
Width: 95 cm
Height: 149 cm

Weight: 163,5 kg
Weight Stack: 80 kg



Lying Leg Curl
Art.nr: 342

Length: 170 cm
Width: 97 cm
Height: 149 cm

Weight: 173,5 kg
Weight Stack: 80 kg



Lying Leg Curl, Adjustable
Art.nr: 342R

Length: 170 cm
Width: 97 cm
Height: 149 cm

Weight: 182,5 kg
Weight Stack: 80 kg



Seated Leg Press
Art.nr: 343

Length: 221 cm
Width: 116 cm
Height: 162 cm

Weight: 316 kg
Weight Stack: 150 kg



Seated Calf Press
Art.nr: 345

Length: 120 cm
Width: 60 cm
Height: 140 cm

Weight: 203 kg
Weight Stack: 120 kg



Standing Calf Press
Art.nr: 347

Length: 130 cm
Width: 60 cm
Height: 180 cm

Weight: 247 kg
Weight Stack: 150 kg



Seated Calf Press 45°
Art.nr: 348

Length: 140 cm
Width: 100 cm
Height: 142 cm

Weight: 255 kg
Weight Stack: 150 kg



Leg Extension /Leg Curl
Art.nr: 349

Length: 115 cm
Width: 99 cm
Height: 163 cm

Weight: 224 kg
Weight Stack: 100 kg



Biceps Curl machine
Art.nr: 350

Length: 100 cm
Width: 95 cm
Height: 153 cm

Weight: 153 kg
Weight Stack: 60 kg



Triceps Extension
Art.nr: 351

Length: 136 cm
Width: 67,5 cm
Height: 134 cm

Weight: 182 kg
Weight Stack: 100 kg



Dips Press /Shoulder Pull
Art.nr: 354

Length: 174 cm
Width: 85 cm
Height: 136 cm

Weight: 235 kg
Weight Stack: 100 kg



Biceps /Triceps
Art.nr: 355

Length: 129 cm
Width: 84 cm
Height: 149 cm

Weight: 170 kg
Weight Stack: 60 kg

All selectorized machines have instruction signs





3 exercises in one machine!



Forearm machine, 3 exercises
Art.nr: 356

Length: 61 cm
Width: 75 cm
Height: 136 cm

Weight: 147,5 kg
Weight Stack: 80 kg



Forearm Curl
Art.nr: 357

Length: 93 cm
Width: 78 cm
Height: 103 cm

Weight: 152 kg
Weight Stack: 80 kg



Gluteus, One Leg kick
Art.nr: 360

Length: 86 cm
Width: 75 cm
Height: 136 cm

Weight: 187 kg
Weight Stack: 100 kg



Standing Abductor
Art.nr: 362

Length: 110 cm
Width: 65 cm
Height: 142 cm

Weight: 210 kg
Weight Stack: 100 kg



Adductor/Abductor
Art.nr: 364

Length: 130 cm
Width: 86 cm
Height: 137 cm

Weight: 192 kg
Weight Stack: 80 kg



Lumbar/Abdominal
Art.nr: 365A

Length: 100 cm
Width: 90 cm
Height: 160 cm

Weight: 225 kg
Weight Stack: 100 kg



Lumbar/Abdominal
(with armrest)
Art.nr: 365B

Length: 100 cm
Width: 90 cm
Height: 160 cm

Weight: 230 kg
Weight Stack: 100 kg



Multihip
Art.nr: 369

Length: 115 cm
Width: 110 cm
Height: 160 cm

Weight: 177 kg
Weight Stack: 60 kg



Seated Abs machine
Art.nr: 370

Length: 170 cm
Width: 101 cm
Height: 104 cm

Weight: 176 kg
Weight Stack: 60 kg



Torso Rotation
Art.nr: 375

Length: 120 cm
Width: 75 cm
Height: 139 cm

Weight: 155 kg
Weight Stack: 60 kg



Kneestanding Abdominal
Art.nr: 376

Length: 95 cm
Width: 65 cm
Height: 125 cm

Weight: 146,5 kg
Weight Stack: 60 kg

900 -series:

Circuit training machines

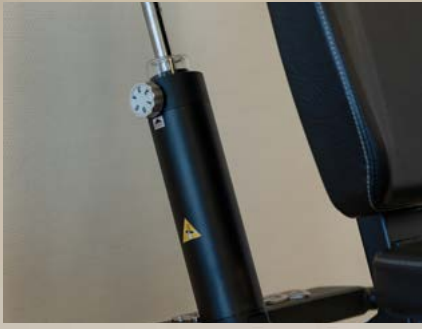
Gymleco has the best commercial circuit machines for all kind of fitness centers, corporate offices and rehab centers.

We have developed and designed the circuit training series with ten double acting hydraulic machines for all muscle groups so that you can train your full body quickly and efficiently. Whether you want to add a couple of machines or are building an full on circuit gym, these Gymleco machines are the correct choice for you.

The machines are designed with hydraulic resistance and are very easy to understand and use for everyone, regardless of your training level or age. You will find atleast one machine per muscle group. The machines usually have two exercises in one.

Circuit training have been very popular in gyms for a long time. Many gyms place the machines in a circle and offer group class with circuit training. In this way, you get training for the whole body in one session. The machines are also well suited for rehabilitation training.

All the machines comes as standard in black frame color and black or red cushions. Do you want any other color for your machines? Contact your nearest sales office or local distributor.





Pulldown / Shoulder Press
Art.nr: 911

Length: 113 cm
Width: 69 cm
Height: 115 cm
Weight: 45 kg



Chest Press / Back
Art.nr: 921

Length: 101 cm
Width: 76 cm
Height: 124 cm
Weight: 43 kg



Pec Dec/ Rear Deltoid
Shoulder
Art.nr: 935

Length: 100 cm
Width: 125 cm
Height: 112 cm
Weight: 50 kg



Squat / Hacklift
Art.nr: 944

Length: 173 cm
Width: 86 cm
Height: 107 cm
Weight: 67 kg



Leg Extension / Legcurl
Art.nr: 949

Length: 105 cm
Width: 77 cm
Height: 117 cm
Weight: 63 kg



Shoulder Lift / Dips
Art.nr: 954

Length: 100 cm
Width: 69 cm
Height: 112 cm
Weight: 45 kg



Biceps / Triceps
Art.nr: 955

Length: 100 cm
Width: 76 cm
Height: 125 cm
Weight: 45 kg



Adductor / Abductor
Art.nr: 964

Length: 133 cm
Width: 74 cm
Height: 112 cm
Weight: 56 kg



Abs / Lower Back
Art.nr: 965

Length: 100 cm
Width: 83 cm
Height: 135 cm
Weight: 46 kg



Waist Rotator
Art.nr: 975

Length: 89 cm
Width: 66 cm
Height: 104 cm
Weight: 38 kg



Choose between red or black cushions.

Gymleco Worldwide

Find your local sales office here.

*If you don't find a sales office in your country, you can contact the head office.
We sell and ship worldwide.*

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